



# OKLAHOMA AAU DISTRICT MEET

Qualifying Meet

June 1, 2013

East Central High School 12150 East 11<sup>th</sup> St

## ORDER OF EVENTS

### **RUNNING EVENTS:**

*Start Time 9:00AM*

3000 Meter Run  
 4 x 100 Meter Relay - Finals  
 400 Meter Dash - Finals  
 4 x 800 Meter Relay - Finals  
 100 Meter Dash - Finals  
 80 Meter Hurdles - Finals  
 100 Meter Hurdles – Finals  
 110 Meter Hurdles – Finals  
 2000 M steeplechase-Finals  
 200 Meter Dash - Finals  
 1500 Meter Run - Finals  
 200 Meter Hurdles - Finals  
 400 Meter Hurdles - Finals  
 800 Meter Run - Finals  
 4 x 400 Meter Relay- Timed Final

### **FIELD EVENTS**

*Start Time 8:00AM*

**Discus:** Sub Midget,  
 Midget, Sub Youth, Youth,  
 Intermediate, Young Women,  
 Young Men  
**Long Jump:** Primary Sub Bantam,  
 Bantam, Sub Midget, Midget,  
 Intermediate, Sub Youth, Youth  
 Young Women, Young Men  
**Triple Jump:** Youth, Intermediate,  
 Young Women, Young Men  
**Shot Put:** Primary, Sub-Bantam,  
 Bantam, Sub Midget,  
 Midget, Sub Youth, Youth,  
 Intermediate, Young Women,  
 Young Men  
**High Jump:** Bantam, Sub Midget,  
 Midget, Intermediate, Sub Youth,  
 Youth, Young Women, Young Men  
**Pole Vault:** Youth and Intermediate Girls  
 Will be combined with Young Women, then  
 Youth Boys, Intermediate Boys and  
 Young Men

Running Events will be girls followed by boys youngest to oldest.

Javelin throwers will be declared to the national qualifier

This is a rolling schedule you are responsible for being at your event on time

PA announcements will be made through out day.

All athletes must report in for the field events

Coaches meeting will be held at the conclusion of the 3000 meter run